# Tour and Conversations with Black Third Sector Leaders, Migration Museum, Lewisham



On 29<sup>th</sup> March 2023 KINARAA hosted a tour, for leaders in SLAM and the South East London Integrated Care Service to see in action and have conversations with Lewisham Black social businesses and grass roots organisations in action, at the Migration Museum in Lewisham.

Delegation:

Sir Norman Lamb	Chair of South London and Maudsley Trust
Bobby Pratap	Director of Implementation, Lewisham Care Model Review, South London and Maudsley NHS FT
Rupi Dev	Director of Mental Health, Children and Young People & Health Inequalities for the Integrated Care Board
Mark Pattison	Lewisham Local Service Director
Tal Rosenzweig	Director of Voluntary Sector Collaboration & Partnerships (SE London ICS)
Martin Wilkinson	Chief Operating Officer, Partnership Southwark
Barbara Gray	KINARAA CIC

Organisations and Projects visited:

- Community Garden by Prince Morgan
- Rock lorganisation social space for people living with mental illness, Bishop Leroy Johnson
- Moonshot Centre and Irie Dance Theatre, Beverley Glean & Joanne Warmington

44 people signed in at the Migration Museum, 90% from Black African and Caribbean communities leading services in the community mainly in Lewisham but also in Bromley, Greenwich and Southwark..

5 amazing volunteers made the visits and event possible.

This report contains feedback and ideas from the discussion as they were written and fed back.

There is a desire for this to be the first of ongoing conversations and for the insight to inform strategic conversations and joint action for Lewisham to lead the way in change for health equity and race.

# Context

Health Equity is priority for South London and Maudsley who are working to become an anti-racist organisation and developing the Patient and Carers Race Equality Framework, modernising the Ladywell Unit service, with Lewisham mental health that impact across South East London.

The South East Integrated Care Board recognise the critical role of the of the Third sector including grass roots organisations with young people at the heart of service design and delivery in order to deliver their newly agreed strategy which features equality as one of the overarching themes for work to also be impactful acrosss the region

The Birmingham and Lewisham African and Caribbean Review Report through its 18 month academic review has identified 30 priority areas for action for these residents in Lewisham with it's implementation strategy being overseen by the Lewisham Health and Wellbeing Board chaired by the Mayor of Lewisham.

This is particular importance for a borough wiith the largest Black and 3<sup>rd</sup> largest Black Africanand Caribbean populations in the UK.



For more informatio contact hello@kinaraa.org

#### 29 March 2023 @ Migration Museum – FEEDBACK



- Wonderful, exciting working together
- Very engaging and comfortable. Enjoying day, well done!
- Educating
- Interesting
- Informative
- Fantastic session and conversation
- Great event it was good to network with other organisations. Many people - one/same objective
- Surprisingly amazing
- Good networking
- Integration, community engagement, network. This is a starting point looking forward to more in the future
- Good to see that people want to work together
- Very interesting!
- Looking forward to change!

- Good conversations
- A seat at the table
- Interactive and engaging
- Today's event was encouraging and refreshing to see that Lewisham Black community is taking responsibility for what happens
- I loved it! Community connection what its all about!
- Great networking
- Better seating required
- Good awareness
- Celebration & integration
- Connecting
- The breakout groups too close together so couldn't always hear one another speak.
- Thank you Barbara

### 29 March 2023 @ Migration Museum - IDEAS



- The organisation we need to know each other
- How we can find info and help
- Bring organisation those do the same project come together and work together
- Central pool for administrating
- Central pool for counselling services
- Central pool for updating contact details
- Triple leadership with organisations not to recreate
- Forget collaboration and escalate to co-production with community based organisations
- Simplify the language used to communicate and engage with community based organisations
- "Preventative services" maybe a phrase to consider?
- Timeline to a result = when will we see action?
- Visits to organisations that weren't possible on 29.03.23
- Could we have an equivalent of SLAM made up of vs Services eg. IAPT = All VS that do the same thing
- VCS's need to be acknowledged as preventative services in addition to voluntary/community services
- Pro Black
- Having a Black Forum for organisation

- No more talking more action
- Collaboration is key to community solutions.
- Working together for a common solution!
- Keep these conversations going! (So it doesn't end today with no follow up)
- Familia ideas but with a new energy and sense of possibility
- Supported accommodation in reach
- Allyship
- Befriending
- Envious want this in Greenwich
- Individuals starting up a project then the services stepping to support.
- There should be a better framework for contracting, payment and support to these individuals
- Collaborative allocation of funding democratic participation
- Look at other models internationally.
- Platform for a hot meal everyday
- Ringfencing funds
- Overarching group to hold the funds for consortium
- Grassroots companies can play a role to link the funders with th community voices
- Very useful da y spent with some of the right people in the room part 1.
  Part 2 to include the Youth
- Legacy

- Talk to action
- Sir Norman said he wants us to keep SLAM on track
- Going around and connect with organisations
- Directory like one before listing all organisations in the borough showing who is ere, capture the information
- Alliance with a pot ringfenced fund for a 5consortia
- Need to be resourced,
- Services representing services they serve
- Entrepreneurship in schools = shows another way to succeed
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- NHS Secondment rotation with grass roots services
- Steps to solutions eg procurement systems simpler
- Getting churches involved and educating them about mental health and working with local authority

- The session was vibrant and accolade, ideas share with positive minds to meaningful role in the future
- Ambassadors of mental health within community
- Trust that this process/event will be carried through
- Support activities for elderly 60 and above
- Long-term space for providing services
- Provide a long-term space where a hub of different organisations can provide range of community based services, connect and collaborate in
- Options: former home of Family Health Isis mental health service repurposed hub of grassroots services
- Option Lewisham Sports consortium supported with Planning Application enabling securing funding to build a health hub on Council leased site already hosting sports field, community and memorial garden

## 29 March 2023 @ Migration Museum – Children & Young People



- Support and funding for meals for impoverished children and young people focusing on healthy diet/nutrition
- Identifying families at risk
- Meaningful awareness of mental health parents/school
- We need to look at models that work well in Europe engaging and empowering children and young people
- Social inclusion for the youth whereby it is environmental friendly
- Make sure all the community-based organisations, charity have a booklet for services which integration and collaboration towards networking with meaningful impact
- Looking at all the services that a child has access to enabling shared insights at each point
- Where do you find young people outside of a school?
- Youth must be included in the conversation
- More projects in the community
- Gaps in transition and supporting parents during this transition
- Need for youth clubs
- How to reduce long waiting times
- Suitable places for young people to congregate

- Don't use adult speech to children use their language
- Children must be involved in the process
- Children do not get access to EHAP
- Children as ambassadors
- Training into careers
- Trust in services
- Ambassadors a soft touch approach
- Preventative enterprises to capture early intervention
- Educate parents
- Debunking stigma in the black comm8nity
- Knowing that its okay to talk about it (Ambassadors)
- I like the word Ambassadors
- Soft touch by the Ambassadors
- Break the silence
- Use the theatre to engage; creativity
- Prevention early intervention
- Pastoral care not very effective
- Educate parents and teachers re supporting
- Breaking the silence
- Support activities for young people aged 13-25
- Funding made easy
- Ambassadors can be children
- Mayor, PCREF campaigns

- Support for families after workers move on
- Engage in a different way creative and safe spaces
- Youth zones
- The young people to be part of the conversation
- Ambassadors can be from amongst the children
- Utilise older youths/late teens who understand the plight of younger ones